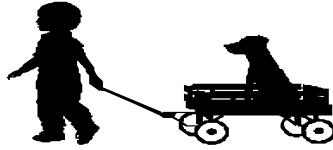


# ROWAYTON

## PARENTS EXCHANGE



AN ASSOCIATION OF PARENTS WITH NEWBORN THROUGH PRE-SCHOOL AGE CHILDREN

JANUARY/FEBRUARY 2012

### SAVE THE DATES!

- 1/3 Mom's Night Out- Pottery
- 1/7 Darien Nature Center
- 1/16 Family Coffee
- 1/20 Kid's Afternoon Movie
- 1/25 Book Club
- 1/28 Couple's Paddle Night
- 2/7 Mom's Night Out
- 2/14 Valentine's Day Craft & Cookies
- 2/18 Puppet Show
- 2/28 New Mom's Coffee

We are always adding new events so please stay tuned! For more information on these or other events, please visit our website [www.rowaytonparentexchange.com](http://www.rowaytonparentexchange.com) or email [eventsrpe@gmail.com](mailto:eventsrpe@gmail.com) for more information.

### *Happy New Year and a big Thank You!!*

We'd like to express our sincere appreciation and gratitude to all who joined us for the Holiday Party and Auction in December. It was a huge success and the proceeds will enable the Rowayton Parents Exchange to continue to provide fun, educational, and social events for you and your children.

Thank you. Thank you. Thank you.



### **Stork News!**



We welcomed lots of new babies in the last few months. Congratulations to the following:

- Tricia and Josh Clifford on the birth of a daughter, Margaret Boone Clifford, born November 7<sup>th</sup>
- Sivan and Stephan Kerins on the birth of a son, Hunter Joseph Kerins, born November 18<sup>th</sup>
- Jessica and Tim Knowles on the birth of a daughter, Alexandra Grace Knowles, born November 27<sup>th</sup>
- Katie and Drew Turnbull on the birth of a daughter, Paige Harrison Turnbull, born December 12<sup>th</sup>

Thank you to all of the volunteers who provided Stork Suppers: Katie Bealer; Jamie Behr; Katie Carr; Elena Chernysh; Molly Crosland; Josie Diamandis; Liz Hicks; Maureen Knowles; Aviva Lederman; Jes Parker; Judy Phillips; Dani Snow; Kelly Sullivan; Agnes Temerowski; and Meggan Douglas Warren.

If you would like to provide a much appreciated Stork Supper to a tired family with a newborn, or if you are a family who is expecting and would like to be a recipient, please contact Liz Hicks at [lizalbright.hicks@yahoo.com](mailto:lizalbright.hicks@yahoo.com)

***Haven't Yet Joined the RPE or know a friend with a newborn or preschool aged child who would like to join?***

Don't miss out on all the fun we have planned for the year. Membership forms can be found on the website at [www.rowaytonparentexchange.com](http://www.rowaytonparentexchange.com)

**Disclaimer of Liability:** As a member of the Rowayton Parents Exchange you are notified that your attendance and participation in any activities, including the attendance of activities at the home of another parent, is your sole risk and responsibility. Neither the Rowayton Parents Exchange nor any member thereof will in any way be responsible to any other member or their children for any damage, loss or injury caused as a result of participation in said events.

# January Events



## Mom's Night Out

Hands On Pottery  
15 Tokeneke Road  
Tuesday, January 3rd  
7-9pm

Don't miss out on this fabulous event! Come join the RPE ladies for a fun night out. Get your creative juices flowing while you get to do your own arts and crafts for a change.

The RPE will be providing wine/beverages and appetizers and will take care of the studio fee. Participants need only pay for their own pottery pieces. Please RSVP to [eventsrpe@gmail.com](mailto:eventsrpe@gmail.com) with the subject line "Pottery" ASAP.



## Darien Nature Center

120 Brookside Road,  
Darien  
Saturday, January 7<sup>th</sup>  
10-11:30 am

This event is perfect for the animal lovers in your house. Children will see the animals at the Nature Center and get to touch them and learn about their habitats. Additionally, there will be time for a craft and a short nature walk (weather permitting.)

Space is limited so please RSVP to [eventsrpe@gmail.com](mailto:eventsrpe@gmail.com) with the subject line "Nature Center" as soon as possible.



## Family Coffee Break

UCBC  
(Upper Crust Bagel Company)  
980 Post Road, Darien  
Monday, January 16<sup>th</sup>  
9:30-11:30 am

No school? Bring your little ones and enjoy some time with other families while the kids play. There is a new, secured play area for kids where they can have some fun while you get a snack, a cup of coffee and some time to be with other grown-ups.

Please RSVP to [eventsrpe@gmail.com](mailto:eventsrpe@gmail.com) by January 10<sup>th</sup> with the subject line "family coffee".

green moon

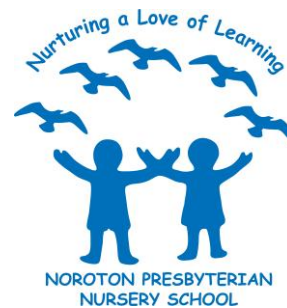
## Children's Art Studio

for artists age 18 months and up



203-810-4001 [greenmoonct.com](http://greenmoonct.com)

greenwich • new canaan • rowayton



Come to an orientation to learn more about the opportunities for your child at NPNS.

Orientations start January 9<sup>th</sup>  
Please go to our website to register or call the office  
(203) 655-3223

<http://www.npns.org/registration.htm>

Noroton Presbyterian Nursery School, Darien, CT, is a Christian-based nursery school that was founded in 1957. Our educational method is based on the philosophy of Reggio Emilia, which includes both intentional and emergent teaching. Children are encouraged to discover the joy of learning through play and exploration.

Noroton Presbyterian Nursery School  
2011 Post Road, Darien, CT 06820 (203) 655-3223  
Director: [Martha.Duff@npns.org](mailto:Martha.Duff@npns.org)

# January Events

## Family Tree Yoga Classes

with Kimberly Motill, RYT

### Pre-Natal Yoga

Saturdays 9:15am

10 weeks for \$185

Pre-natal Yoga is the perfect way to connect with your changing body and your baby during pregnancy. This class will combine yoga postures, breath work, and relaxation techniques, which will help to release tension and fatigue and prepare the body and mind for labor, delivery and the post-partum period.



### Mommy & Me Yoga

Saturdays 11:00am

For infants 6 weeks to crawling

10 weeks for \$185

Mom and baby will practice yoga together!

Moms will restore and rejuvenate through stretching and strengthening poses. Babies will enjoy yoga poses to aid in digestion & sleep. This class is a great opportunity to bond with your baby and to connect with other moms.

You may join in the series at any time!

Please call or email to pre-register

203-253-0764, kimberlymotill@gmail.com

United Church of Rowayton 210 Rowayton Avenue, Rowayton, CT



### Kid's Movie Afternoon

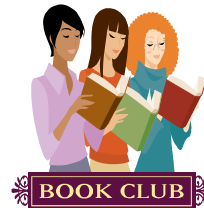
Rowayton Community Center

33 Highland Avenue

Friday, January 20<sup>th</sup>

3:30pm

Come to the Rowayton Community Center for a fun, afternoon movie. The movie selection is TBD but will be G rated and family friendly. We will be enjoying popcorn during viewing. Please RSVP to [eventsrpe@gmail.com](mailto:eventsrpe@gmail.com) with "movie" in the subject line so we can give the library an accurate headcount.



### RPE Book Club Meeting

Hosted by Katie Carr

15 Crest Road

Wednesday, January 25th

7:30pm

Do you like to read? Why not join other RPE women and become part of this newly formed RPE Book Club. Book Club is a fabulous way to meet some new women, share a glass of wine and join in a discussion about the selected novel. This month we will be reading The Sense of an Ending by Julian Barnes. The book club meets monthly. Please RSVP to [eventsrpe@gmail.com](mailto:eventsrpe@gmail.com) as a courtesy to the host.



Josie Diamandis

203-858-8134

[www.josiesempanadas.com](http://www.josiesempanadas.com)

[josiesempanadas@hotmail.com](mailto:josiesempanadas@hotmail.com)

Homemade empanadas.

From the freezer to the oven and ready in 20 minutes!



Community Cooperative Nursery School  
Play-based learning for children ages two to five

HOME TO  
AWARD WINNING TEACHER,  
DANA GORMAN

A COMMUNITY TRADITION FOR **58** YEARS

# WINTER OPEN HOUSE

THURSDAY,  
JANUARY 12  
7:00PM

4 TROLLEY PLACE  
ROWAYTON, CT  
203.866.2184

## Events (continued)



NAEYC Accredited Program 478417

**Enrolling NOW for  
the 2012/2013 School Year!**

**You're invited to our  
OPEN HOUSE ~**

**January 20th & 21st ~  
11 am to 1 pm;**

**PreK Information Sessions:  
December 13th~7:30 pm;  
January 5th~12 noon; and  
January 12th~9:30 am.**

### PlayPartners :

a special opportunity to develop your child's social skills with intensive facilitated support in a small group format. The program meets weekly for an hour and also can be linked to our preschool programs through Lunch Bunch.

**Sign up NOW for ~ Lunch Bunch  
and ENRICHMENT CLASSES:  
12 to 2:15 ~ and LATE DAY  
ENRICHMENT CLASSES: 4 to  
5:30 PM all children ages 3 and up  
WELCOME!**

**Ooey Goey Art~Around the  
World~Drama Day~Japanese  
Language and Culture~The Shape  
of Things~ Everything's Fine  
Motor~& Fun With Opposites!**

**VACATION CAMP~**

**December 19, 20 & 21st  
9:30 am to 1 pm \$44 per day**

Contact us:

**Five Mile River Nursery School**  
The Rowayton United Methodist Church  
5 Pennoyer Street, Rowayton, CT 06853

Telephone: (203) 838-4266

E-mail: [5mile.ms@gmail.com](mailto:5mile.ms@gmail.com)

Web: [www.fivemilerivernurseryschool.com](http://www.fivemilerivernurseryschool.com)



**Couple's Paddle Night**  
Rowayton Paddle Courts  
(behind the Rowayton Library)  
Saturday, January 28<sup>th</sup>  
7-10 pm

Paddle Tennis a great winter sport. Whether you are an experienced player, looking to learn, or just want to enjoy a drink or two by the fire in the Hut, this event is sure to be a lot of fun!!

Hot cocoa and appetizers will be served and the Hut is the perfect winter party venue complete with a wood-burning fireplace and cozy décor.

Please RSVP to [eventsrpe@gmail.com](mailto:eventsrpe@gmail.com) by January 20<sup>th</sup> and please bring a bottle of wine the evening of the event.



**Mom's Night Out**  
1020 Post, Darien  
Tuesday, February 7<sup>th</sup>  
7:30 pm

Moms, join us for this ever popular monthly event. Take the break you deserve. Join the ladies for a night out and relax, unwind and enjoy some adult conversation while someone else puts the kids to bed.

Please RSVP to [eventsrpe@gmail.com](mailto:eventsrpe@gmail.com) by January 31<sup>st</sup>.



**Valentine's Craft and  
Cookie Decorating**  
Rowayton Community Center  
33 Highland Avenue  
Tuesday, February 14<sup>th</sup>  
3-5 pm

Bring your little valentines to enjoy an afternoon of crafts and treats with other RPE friends. There will be arts and crafts projects and cookies to be decorated by the little ones. Snacks and drinks will be provided.

Please RSVP to [eventsrpe@gmail.com](mailto:eventsrpe@gmail.com) by February 6th.

# February Events



**Puppet Show**  
Rowayton Community Center  
33 Highland Avenue  
Saturday, February 18<sup>th</sup>  
10:30 am



**New Mom's Coffee**  
Hosted by Jessica Knowles  
8 Thomes Street  
Tuesday, February 28<sup>th</sup>  
10-11:30 am

The Punch and Judy Comedy is a hilarious show with 10 different characters. It is an interactive performance that engages the children to sing and talk to the puppets throughout the show. Children will enjoy the suspense as each new character is introduced.

Please RSVP to [eventsrpe@gmail.com](mailto:eventsrpe@gmail.com) by February 10<sup>th</sup> with the subject line "puppet show".

Stop by for an informal gathering of new moms! Open to all mothers with children 6 months and younger. Bring your little one (and any older siblings too!) for a morning out with other moms.

Please RSVP to [eventsrpe@gmail.com](mailto:eventsrpe@gmail.com) with the subject line "new mom's coffee" by February 21<sup>st</sup>.



**THE ORIGINAL AT-HOME PLAYSCHOOL PROGRAM FOR FAIRFIELD COUNTY**  
**CHILDREN 18 MONTHS TO THREE YEARS OF AGE**  
*VOTED BEST OF THE GOLD COAST*



**2012/2013 CLASSES REGISTERING NOW**

**ASK US ABOUT OUR NEW FOREIGN LANGUAGE PROGRAM!**

To REGISTER VISIT [WWW.MBLOOMPLAYDATES.COM](http://WWW.MBLOOMPLAYDATES.COM)

MAUREEN BLOOM - 203-505-0502/MAUREEN@MBLOOMPLAYDATES.COM

# Rowayton Parents Exchange

## Preschool Programs

Are you the parent of a child who will be attending preschool in the fall but haven't yet decided which one is the right choice for your child? See the information below for open house and enrollment dates. Please confirm with the school in case of any changes.

Community Cooperative Nursery School  
4 Trolley Place  
Rowayton, CT 06853  
(203) 866-2184  
Open House: January 12<sup>th</sup>, 7pm

Five Mile River Nursery School  
5 Pennoyer Street  
Rowayton, CT 06853  
(203) 838-4266  
Open House: Jan 20<sup>th</sup> and 21<sup>st</sup> 11-1  
Pre-K Information Sessions: Jan 5<sup>th</sup> at 12 noon  
and Jan 12<sup>th</sup> at 9:30am

Noroton Presbyterian Nursery School  
2011 Post Road  
Darien, CT 06820  
(203) 655-3223  
Orientations Start Jan 9<sup>th</sup> Registration forms due 1/20

Temple Shalom Nursery School  
259 Richards Avenue  
Norwalk, CT 06850  
(203) 866-0148  
Call for open house information

United Church Nursery School  
PO Box 157  
Rowayton, CT 06853  
(203) 853-3554  
Call for enrollment information

Maureen Bloom's Organized Playdates  
to register visit [www.mbloomplaydates.com](http://www.mbloomplaydates.com)  
(203) 505-0502

Organized Playgroups  
Register now: [www.organizedplaygroups.com](http://www.organizedplaygroups.com)  
Or contact: [vponce@organizedplaygroups.com](mailto:vponce@organizedplaygroups.com)

## RPE Board 2011 – 2012

Katie Carr  
[katie.richardson@gmail.com](mailto:katie.richardson@gmail.com)  
President  
Website/Auction

Jamie Behr  
[jamiewbehr@yahoo.com](mailto:jamiewbehr@yahoo.com)  
Newsletter/Advertising

Josie Diamandis  
[josiediamandis@aol.com](mailto:josiediamandis@aol.com)  
Events/Photography

Meggan Warren  
[meggandouglas@gmail.com](mailto:meggandouglas@gmail.com)  
Events

Emily Grabowski  
[emily.g.grabowski@gmail.com](mailto:emily.g.grabowski@gmail.com)  
Events

Liz Hicks  
[lizalbright.hicks@yahoo.com](mailto:lizalbright.hicks@yahoo.com)  
Stork Suppers/Playgroups

Jessica Knowles  
[essknowles.rpe@gmail.com](mailto:essknowles.rpe@gmail.com)  
Events

Bethany Padilla  
[bethanypadilla@gmail.com](mailto:bethanypadilla@gmail.com)  
Membership/Secretary

Judy Phillips  
[judyphillips@gmail.com](mailto:judyphillips@gmail.com)  
Finance

Emma Smith  
[duncanandemmasmith@gmail.com](mailto:duncanandemmasmith@gmail.com)  
Events

Kelly Sullivan  
[klynsullivan@gmail.com](mailto:klynsullivan@gmail.com)  
Auction/Holiday Party

Marsden Watson  
[marsden.watson@gmail.com](mailto:marsden.watson@gmail.com)  
Events



**the Wunderlee puppets**  
PRESENT  
**the fabulous punch and judy show**

*providing family entertainment since 1980*

*the Wunderlee Punch and Judy show is ideal for celebrations and special events*

203-589-5377  
[www.wunderleearts.com](http://www.wunderleearts.com)

# Rowayton Parents Exchange

January						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 Mom's Night Out	4	5	6	7 Darien Nature Center
6	9	10	11	12	13	14
15	16 Family Coffee Break	17	1	19	20 Movie at the Library	21
22	23	24	25 Book Club	26	27	28 Couples' Paddle Party
29	30	31				
February						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7 Mom's Night Out	8	9	10	11
12	13	14 Valentine's Craft & Cookies	15	16	17	18 Puppets Show
19	20	21	22	23	24	25
26	27	28 New Mom's Coffee	29			



**ROWAYTON**  
**PARENTS EXCHANGE**  
 P.O Box 108  
 Rowayton, CT 06853